

PERSONAL SPIRITUAL HEALTH ASSESSMENT

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SCORE

WORD

How important do you consider the study and application of the Bible in a Christian's Life?

NOT IMPORTANT

IMPORTANT FOR OTHERS

SOMEWHAT IMPORTANT

VERY USEFUL

VITALLY IMPORTANT

How hungry are you to apply the truth of a sermon or other Bible teaching to your daily life?

NO HUNGER

I THINK ABOUT IT 1 OR 2 TIMES

I DISCUSS IT WITH OTHERS

I PRESS FOR APPLICATION

I SEEK ACCOUNTABILITY

How confident are you that you are able to grasp the Biblical author's intention when studying the Bible for yourself?

I DON'T WORRY ABOUT IT

NOT AT ALL CONFIDENT

SEEMS LIKE A GUESS SOMETIMES

USUALLY CONFIDENT

STRONGLY CONFIDENT

How much time did you spend in reading and studying the Bible in an average week through the past six months?

NONE

SPORADICALLY

ONCE OR TWICE WEEKLY

3 OR 4 TIMES PER WEEK

DAILY

How involved are you in teaching others how to study the Bible and how it fits together into a comprehensive world view?

NOT AT ALL

WOULD RATHER BE A HELPER

INFORMALLY

REGULARLY

INTENSIVELY

WORSHIP

How regularly do you participate in corporate worship with a body of believers?

2 to 4 TIMES PER YEAR

1 to 2 TIMES EVERY FEW MONTHS

2 to 3 TIMES PER MONTH

WEEKLY

SEVERAL TIMES PER WEEK

In evaluating a public worship service, how much of an active participant do you see yourself in the service (vs. a passive consumer)?

I SLIP IN AND SLIP OUT

I JOIN IN SINGING

I ACTIVELY ENGAGE MY MIND

I ENGAGE WHOLE-HEARTEDLY

I AM THERE FOR GOD'S APPROVAL

How active are you in preparing yourself before a corporate time of worship?

I MAKE NO PREPARATION

I PRAY BEFORE SERVICES

I READ THE DAILY READINGS

I HAVE PERSONAL WORSHIP

I MAKE SUNDAY SPECIAL

What portion of your waking hours have at least a background sense to them of your awe and gratitude toward God?

NONE

SPORADICALLY

25% OF THE TIME

50% OF THE TIME

90 to 100% OF THE TIME

On average, how many days in a week, during the past six months, do you spend at least 10 minutes in personal worship and prayer?

NONE

ONE DAY PER WEEK

2 to 3 DAYS PER WEEK

4 to 5 DAYS PER WEEK

6 to 7 DAYS PER WEEK

WARMTH

How strong is your desire for and belief in the value of life-changing personal connections with other believers in Christ?

I SEE NO VALUE IN THEM

I DESIRE THEM ON OCCASSION

I WILL ENGAGE IF ASKED TO

I SEEK THEM IF POSSIBLE

I MAKE THEM A PRIORITY

How frequently do you have connections with believers that result in a heart-to-heart connection that leaves everyone changed for the good?

RARELY

ONCE OR TWICE PER YEAR

EVERY 2 to 3 MONTHS

EVERY 2 to 3 WEEKS

WEEKLY

How confident are you that you would not have to face a crisis alone, but that specific people in the body of Christ would rally to your side?

NOT AT ALL CONFIDENT

HOLDING ON TO SOME HOPE

IF ASKED FOR IT, THEN YES

PRETTY SURE SOME WOULD

VERY CONFIDENT

How intentional have you been to look out for others who need a point of meaningful connection and offer to help them get connected?

HAVE NOT THOUGHT ABOUT IT

BUT IT'S OTHERS' JOB

IF THE NEED IS OBVIOUS

PRAY FOR EYES TO SEE NEEDS

ACTIVELY HELP FOLKS CONNECT

How many people do you think would call to check on you if you unexpectedly miss Sunday worship for three weeks in a row?

NO ONE

PERHAPS ONE OR TWO

PRETTY SURE 3 or 4 FOLKS

I AM SURE 5 or 6 FOLKS WOULD

IT WOULD NOT TAKE 3 WEEKS